



Friday, January 06, 2017

# MetroSportsReport.com



Thank you for reading the Metro Sports Report...search...

[HOME](#) [CEDAR VALLEY](#) [JEFFERSON](#) [KENNEDY](#) [LINN-MAR](#) [MARION](#) [PRAIRIE](#) [WASHINGTON](#) [XAVIER](#) [MSR SUMMER SOFTBALL](#)
[METRO SPOTLIGHT](#) [COE](#) [KIRKWOOD](#) [MT. MERCY](#) [KERNELS](#) [IOWA VALLEY LEAGUE](#) [METRO NEWS](#) [METRO RECORDS](#)

Scroll down for the latest Metro Sports news, stats & standings!



## LATEST METRO NEWS

[Kramer signs with Fort Worth Pounce](#)  
[Mitch Keller honored by Pirates](#)  
[Mitch Keller sparkles in High-A debut](#)  
[Kibby named Principal/AD at Liberty](#)  
[Jenks takes 3rd at New Balance mile](#)  
[4 Metro girls make IGCA all-state](#)  
[Bohannon MVC's best in Valley Division](#)  
[Hartzler tops all-Metro wrestling team](#)  
[Metro football schedules released](#)  
[Sellers tops All-Metro basketball team](#)

## MSR PHOTO GALLERY

Click here to view & order!

Order prints and photo gifts of your favorite Metro Sports Report photos!

### \* Contact Metro Sports Report \*

Jim Ecker, President & Editor  
[jjm.ecker@metrosportsreport.com](mailto:jjm.ecker@metrosportsreport.com)  
 319-390-4236

## 4 Cougars top all-district baseball

Friday, 25 July 2014 21:18 Metro Sports Report Metro News - Local News



Four members of the Kennedy baseball team have been named all-district by the Iowa High School Baseball Coaches Association.

Kennedy pitcher Sammy Lizarraga, second baseman Zach Daniels and shortstop Derek Jacobus made the first team on the Class 4A Northeast District honor squad. Pitcher Blake Hargens was named second team all-district for the Cougars.

Kennedy (31-6) will play Southeast Polk in the opening round of the state tournament Wednesday night.

Washington third baseman Johnny Dobbs, Jefferson outfielder Spencer Van Scoyoc and Linn-Mar outfielder Manny Jeffery also made the Northeast District first team.

Washington outfielder Landen Akers made second team all-district. Marcus Colbert of Jefferson and Ryan Wyant of Linn-Mar made second team all-district as utility players.

Three players from Xavier and three players from Marion were honored on the Class 3A Northeast District squads.

First baseman Adam Pick and outfielder Bryce Grimm of Xavier were named to the first team along with Marion pitcher Quinn Cannoy. Pitcher David Kuhn and shortstop Christian Stekl of Marion were named to the second unit with Xavier pitcher Ryan Flaherty.

**FRIENDS**  
OF  
**Metro Sports Report.com**

**Join Today!**  
*Best Coverage  
of Local Teams*

**CLICK HERE**